



# Patient Care Assistant Senior Helpers Maine

**JOB TITLE:** Patient Care Assistant  
**DEPARTMENT:** Homecare  
**SUPERVISOR:** Krystal Boswell

Here at Senior Helpers Maine, we started with a simple idea: to provide reliable and compassionate home-care services to those in need. We are a trusted provider of quality care, serving the needs of our clients with dedication and professionalism.

## GENERAL JOB DESCRIPTION

A Care Assistant provides care for people, often who are elderly. They enable them to live more independently for as long as possible. This often involves duties such as helping clients get ready for the day, doing daily tasks, and providing companionship.

## MAJOR DUTIES AND RESPONSIBILITIES

Duties involve:

- \* Assisting clients in their daily personal tasks, such as bathing or dressing.
- \* Perform housekeeping tasks, such as laundry, washing dishes, and vacuuming.
- \* Help to organize a client's schedule and plan appointments.
- \* Arrange transportation to doctors' offices or other outings.

## MINOR DUTIES AND RESPONSIBILITIES

Conversations  
Encouraging fluids  
Meal Planning  
verbal cueing  
sitting or companionship

## QUALIFICATIONS FOR THE JOB

*Education:*

you only need a high school diploma and on-the-job training. You provide personal care directly to patients, but not medical care.

*Experience:*

preference is given to those with homecare or patient care experiences

*Other:*

preference is given to those with Basic life support BLS and other training,

## KEY COMPETENCIES

Fluent in English, has a valid driver's license, has a reliable vehicle, basic computer skills, must be able to read and write

## **PHYSICAL REQUIREMENTS**

must pass a physical exam conducted by a primary care provider. Patient care can involve stand-by assistance, guarded assistance, and one-person assistance.

Staff must be able to lift greater than 15 to 20 lbs, and bend at the hip and knees without difficulties.

Must pass hearing and vision tests or acquire the appropriate adoptive devices to pass the test.

Must be able to work 20 to 30 hrs weekly or a very minimal 4hrs daily.

**Signature Approved By:**

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**Date Approved:**

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**Date Last Reviewed:**

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**Last Reviewed By:**

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